



Food Zone



February Menu 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Tenders w/Chinese Sauce on the side Or Hot Dog on Bun Broccoli Choice of Fruit Choice of Milk	2 Thin Crust Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
5 Pancakes w/ Bacon Or Chicken Nuggets Tater Tots Choice of Fruit Choice of Milk	6 Chicken Alfredo Pasta or Hamburger Peas Choice of Fruit Choice of Milk	7 Gyro w/Tzatziki Sauce Or Buffalo Popcorn Chicken Green Beans Choice of Fruit Choice of Milk	8 Hard or Soft Shell Beef Tacos Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	9 LUCKY TRAY DAY Pepperoni Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
12 Waffles w/ Sausage Links Or Chicken Nuggets Sweet Potatoes Choice of Fruit Choice of Milk	13 Grilled Ham & Cheese or Hamburger Peas Choice of Fruit Choice of Milk	14 ASH WEDNESDAY Pierogies Or Macaroni & Cheese Broccoli Choice of Fruit Choice of Milk	15 Chicken Snack Wrap Or Hot Dog on Bun Carrots Sticks Choice of Fruit Choice of Milk	16 Cheese Pizza Or Fish Sticks Romaine Salad Choice of Fruit Choice of Milk
19 Presidents Day Corn Dogs Or Chicken Nuggets Broccoli Choice of Fruit Choice of Milk	20 Pulled Pork Sandwich Or Hamburger Green Beans Choice of Fruit Choice of Milk	21 Nachos Grande w/ Taco Meat & Cheese Or Popcorn Chicken Peas Choice of Fruit Choice of Milk	22 Pasta & Meatballs Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	23 Bagel Pizza Or Fish Sticks Romaine Salad Choice of Fruit Choice of Milk
26 French Toast Sticks w/ Ham Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk	27 Grilled Cheese w/ Tomato Soup Or Hamburger Corn Choice of Fruit Choice of Milk	28 Turkey Club Sandwich Or Popcorn Chicken Fresh Cucumbers Choice of Fruit Choice of Milk		

**Menu subject to change.

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.