



Food Zone



March Menu 2019 **UPDATED**				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pepperoni Pizza Or Chicken Patty Tossed Salad Choice of Fruit Choice of Milk
4 Pancakes w/ Bacon Or Chicken Nuggets Hash Browns Choice of Fruit Choice of Milk	5 Chicken w/Gravy & Biscuit Or Hamburger Corn Choice of Fruit Choice of Milk	6 ASH WEDNESDAY Bosco Cheese Sticks or Macaroni & Cheese Carrots Choice of Fruit Choice of Milk	7 Chili w/Dinner Roll Or Hot Dog on Bun Broccoli Choice of Fruit Choice of Milk	8 Cheese Pizza Or Fish Nuggets Tossed Salad Choice of Fruit Choice of Milk
11 French Toast Sticks w/ Ham Or Chicken Nuggets Carrots Choice of Fruit Choice of Milk	12 Chicken Alfredo Pasta Or Hamburger Corn Choice of Fruit Choice of Milk	13 Nachos Grande Or Chicken Fries Broccoli Choice of Fruit Choice of Milk	14 Spaghetti & Meatballs Or Hot Dog on Bun Green Beans Choice of Fruit Choice of Milk	15 LUCKY TRAY DAY Stuffed Crust Pizza Or Pierogies Tossed Salad Choice of Fruit Choice of Milk
18 Mini Pancakes w/ Sausage Links Or Chicken Nuggets Tater Rounds Choice of Fruit Choice of Milk	19 Corn Dog Or Hamburger Peas Choice of Fruit Choice of Milk	20 Beef Ravioli Or Buffalo Popcorn Chicken Corn Choice of Fruit Choice of Milk	21 Chicken Tenders w/Chinese sauce on the side Or Hot Dog on Bun Rice Choice of Fruit Choice of Milk	22 Thin Crust Pizza or Fish Sandwich Tossed Salad Choice of Fruit Choice of Milk
25 Waffles w/Bacon Or Chicken Nuggets Hash Browns Choice of Fruit Choice of Milk	26 BBQ Rib Sandwich Or Hamburger Baked Beans Choice of Fruit Choice of Milk	27 Walking Tacos Or Popcorn Chicken Rice Choice of Fruit Choice of Milk	28 Chicken Noodle Soup w/crackers Or Hot Dog on Bun Peas Choice of Fruit Choice of Milk	29 No School Clerical Day

**Menu subject to change. Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.