



Food Zone

May Menu 2017

May Menu 2017				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Turkey & Cheese Sub Or Chicken Nuggets (w/roll) Corn Choice of Fruit Choice of Milk	Chicken Fajita Or Hamburger Carrots Choice of Fruit Choice of Milk	Oven Baked Chicken Or Grilled Ham & Cheese Broccoli Choice of Fruit Choice of Milk	Bacon Double Cheeseburger Or Hot Dog Chick Peas Choice of Fruit Choice of Milk	Pizza Square Or Chicken Patty Green Beans Choice of Fruit Choice of Milk
8	9	10	11	12
Pancakes w/Ham or Sausage Or Chicken Nuggets(w/roll) Sweet Potatoes Choice of Fruit Choice of Milk	Hard or Soft Shell Beef Taco Or Macaroni & Cheese Broccoli Choice of Fruit Choice of Milk	Nachos with Taco Meat & Cheese Or Chicken Quesadilla Carrots Choice of Fruit Choice of Milk	Chicken & Gravy (w/roll) Or Hot Dog Au Gratin Potatoes Choice of Fruit Choice of Milk	LUCKY TRAY DAY Bagel Pizza Or Pulled Pork Sandwich Peas Choice of Fruit Choice of Milk
15	16	17	18	19
Pancakes w/ Ham or Chicken Fajita Sweet Potatoes Choice of Fruit Choice of Milk	Bacon Double Cheeseburger Or Club Sandwich Romaine Salad Choice of Fruit Choice of Milk	Pasta w/Meatball or Meatsauce Or Turkey & Cheese Sub Carrots Choice of Fruit Choice of Milk	Walking Tacos Or Pulled Pork Sandwich Green Beans Choice of Fruit Choice of Milk	Open Faced Hot Turkey Sandwich w/Gravy & Mashed Potatoes Or Chicken Quesadilla Peas Choice of Fruit Choice of Milk
22	23	24	25	26
POTLUCK DAY Menu to follow	FIELD DAY-SACK LUNCH Ham & Cheese Sandwich Or Hot Dog Chips Baby Carrots Apple Choice of Milk	**POTLUCK DAY** Menu to follow	½ Day – No Lunches Served	NO SCHOOL
29	30	31		
NO SCHOOL	**POTLUCK DAY** Menu to follow	LAST DAY OF SCHOOL ½ Day – No Lunches Served <i>Have a wonderful Summer!!</i>		

**Menu subject to change. Minimum of ½ cup serving of fruit or a minimum of a ½ cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.