



November Menu 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Vegetable Soup w/ Breadstick Or Hot Dog on Bun Peas Choice of Fruit Choice of Milk	Pepperoni Pizza Or Chicken Patty Tossed Salad Choice of Fruit Choice of Milk
5	6	7	8	9
No School Clerical Day	No Lunches Early 11:45 Dismissal	Beef Ravioli or Chicken Fries Green Beans Choice of Fruit Choice of Milk	Hard or Soft Shell Beef Tacos Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	Lucky Tray Day!! Cheese Pizza Or Chicken Patty Tossed Salad Choice of Fruit Choice of Milk
12	13	14	15	16
Waffles w/Bacon Or Chicken Nuggets Tater Tots Choice of Fruit Choice of Milk	Pierogies Or Hamburger Carrot Sticks Choice of Fruit Choice of Milk	Chicken Noodle Soup w/ Breadstick or Popcorn Chicken Peas Choice of Fruit Choice of Milk	Thanksgiving Dinner Turkey w/Mashed Potatoes, Stuffing & Gravy Cranberry Sauce Corn Choice of Fruit Choice of Milk	Thin Crust Pizza Or Chicken Patty Tossed Salad Choice of Fruit Choice of Milk
19	20	21	22	23
French Toast Sticks w/ Sausage Links Or Chicken Nuggets Carrots Choice of Fruit Choice of Milk	Grilled Ham & Cheese Or Hamburger Broccoli Choice of Fruit Choice of Milk	No Lunches Early 11:45 Dismissal	No School Thanksgiving Vacation	No School Thanksgiving Vacation
26	27	28	29	30
No School Thanksgiving Vacation	Corn Dog Or Hamburger Corn Choice of Fruit Choice of Milk	Bosco Cheese Sticks Or Buffalo Popcorn Chicken Peas Choice of Fruit Choice of Milk	Grilled Cheese w/ Tomato Soup Or Hot Dog on Bun Green Beans Choice of Fruit Choice of Milk	Cheese Pizza Or Chicken Patty Tossed Salad Choice of Fruit Choice of Milk

Please discuss any food allergy issues concerning your child with the school office.

WHAT MAKES A MEAL? You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/bread and choice of milk. (1%White Fat Free, Chocolate, Fat Free White) A minimum of ½ cup serving of fruit or a minimum of a ½ cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.