



Holy Trinity School



Food Zone

October Menu 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks w/Ham Or Chicken Nuggets Sweet Potatoes Choice of Fruit Choice of Milk	2 Macaroni & Cheese or Hamburger Carrots Choice of Fruit Choice of Milk	3 Bacon Cheese Burger Or Buffalo Popcorn Chicken Celery Sticks Choice of Fruit Choice of Milk	4 BBQ Rib Sandwich Or Hot Dog on Bun Black Beans Choice of Fruit Choice of Milk	5 Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
8 Pancakes w/ Sausage Links Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk	9 Chicken Alfredo Pasta or Hamburger Broccoli Choice of Fruit Choice of Milk	10 Nachos w/Meat & Cheese Or Popcorn Chicken Peas Choice of Fruit Choice of Milk	11 Chicken Noodle Soup & Breadstick Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	12 Pepperoni Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
15 Waffles w/ Bacon Or Chicken Nuggets Carrots Choice of Fruit Choice of Milk	16 Bosco Cheese Sticks or Hamburger Broccoli Choice of Fruit Choice of Milk	17 Pulled Pork Sandwich Or Popcorn Chicken Peas Choice of Fruit Choice of Milk	18 Pasta & Meatballs Or Hot Dog on Bun Green Beans Choice of Fruit Choice of Milk	19 LUCKY TRAY DAY!! Thin Crust Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
22 French Toast Sticks w/ Sausage Links Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk	23 Chicken Snack Wrap or Hamburger Cucumbers Choice of Fruit Choice of Milk	24 Turkey Club Sandwich Or Buffalo Popcorn Chicken Celery Sticks Choice of Fruit Choice of Milk	25 Walking Tacos Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	26 No School In-Service Day
29 Pancakes w/ Ham Or Chicken Nuggets Tater Tots Choice of Fruit Choice of Milk	30 Ham & Cheese Sandwich or Hamburger Carrot Sticks Choice of Fruit Choice of Milk	31 Happy Halloween! Corn Dog w/ Buttered Noodles Or Popcorn Chicken Peas Choice of Fruit Choice of Milk		

**Menu subject to change.

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.