



Holy Trinity School



# Food Zone

## September Menu 2017

Monday	Tuesday	Wednesday	Thursday	Friday
4 No School Labor Day	5 Corn Dog w/Buttered Noodles or Hamburger Green Beans Choice of Fruit Choice of Milk	6 Meatballs w/ Breadsticks Or Popcorn Chicken Mixed Vegetables Choice of Fruit Choice of Milk	7 Walking Tacos Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk	8 Square Cheese Pizza Or Chicken Patty Peas Choice of Fruit Choice of Milk
11 Pancakes w/ Sausage Links Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk	12 Chicken Noodle Soup w/Salad or Hamburger Green Beans Choice of Fruit Choice of Milk	13 Turkey Club Sandwich Or Popcorn Chicken Broccoli Choice of Fruit Choice of Milk	14 Nachos Grande Or Hot Dog on Bun Buttered Rice Choice of Fruit Choice of Milk	15 Pepperoni Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
18 French Toast Sticks Or Chicken Nuggets Corn Choice of Fruit Choice of Milk	19 Chicken Tenders or Hamburger Green Beans Choice of Fruit Choice of Milk	20 Grilled Chicken Salad W/ Garlic Bread Or BBQ Rib Sandwich Chick Peas Choice of Fruit Choice of Milk	21 Hard or Soft Shell Tacos Or Hot Dog on Bun Tater Tots Choice of Fruit Choice of Milk	22 Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
25 Waffles w/ Bacon Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk	26 Chicken Snack Wrap or Hamburger French Fries Choice of Fruit Choice of Milk	27 Baked Potato Bar Or Popcorn Chicken Green Beans Choice of Fruit Choice of Milk	28 Beef Ravioli Or Hot Dog on Bun Buttered Rice Choice of Fruit Choice of Milk	29 Square Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk

\*\*Menu subject to change.

**Weekly Vegetable Subgroups May Include:** Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

**Daily Fruit Selections May Include:** Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.